





# The Bowl




## Breads

Garlic Bread \$12 

Cheese & Bacon Bread \$15


Chilli garlic cheese Bread \$12 

Bruschetta \$18 

## Entrees & Sides

Karaage Chicken Bites \$18 

Karaage chicken bites with sriracha mayonnaise

Crab Prawn & King Fish Netted Spring Rolls (4 per serve) \$16 

Served with sweet chilli sauce

Cauliflower Bites \$18 

Served with creamy garlic sauce

Old School Prawn Cocktail \$18 

Prawn, lettuce seafood sauce and lemon

Onion Rings \$16 

Crispy fried onion rings with garlic Aioli

Potato Wedges \$14 

Served with sour cream & sweet chilli sauce

Potato Chips \$10 

Hot chips with your choice of sauce


Loaded Potato Chips \$16 

Topped with Cheese, Bacon & a side of Gravy

## Pasta Mains

Creamy Garlic Prawn Linguine \$35

Local prawns poached in creamy garlic sauce, red onion & spinach mixed with linguine pasta

Bacon Carbonara \$29 

(Add Chicken \$5)

Linguine pasta, bacon & garlic cooked in a cream & white wine sauce topped with parmesan cheese

Bolognese Linguine \$28 

Ground beef, garlic, herbs, spices. Bolognese sauce & parmesan on a bed of linguini pasta

Spinach and ricotta Ravioli \$30 

Spinach and ricotta filling ravioli parcel, topped with a creamy Napoli sauce and parmesan cheese

## Burgers

Bowlo Burger \$29

Homemade beef patty, cheese, tomato, lettuce, beetroot, red onion, garlic aioli topped with onion rings & served with hot chips

BBQ Steak & Bacon Burger \$29


Sliced steak, bacon, lettuce, tomato, cheese, BBQ sauce. Served with hot chips

Fish Burger \$29

Tempura-battered local Spanish Mackerel, lettuce, tomato, onion, tartare sauce, served with hot chips

Chicken Bacon & Avocado Burger \$28

Grilled chicken breast, bacon, lettuce, tomato, cheese & avocado pulp, Served with hot chips

Crumbed Camembert Burger \$29 

Crumbed camembert cheese, tomato, lettuce, beetroot, red onion, carrot, and pesto topped with onion rings & served with hot chips

## Mains

Fish & Chips \$29 

Tempura Battered, Crumbed or Grilled



Australian Spanish Mackerel served with chips, salad, lemon & tartare sauce

Seafood Basket \$35


Australian Spanish Mackerel tempura battered, local prawns crumbed, salt & pepper squid, served with chips, salad, lemon & tartare sauce

Salt & Pepper Squid \$29 


Tender squid rings coated in salt & pepper spices. Served with chips, salad, lemon & tartare sauce

Spicy Fish Taco \$29 

Soft-shell tacos filled with mixed salad, crumbed mackerel, siracha mayo and chips

Chilli Mango Salmon \$36 



Grilled salmon served on a salad of lettuce, bean sprouts, cucumber, cherry tomato carrot, lime & beetroot. Dressed with a chilli mango dressing

Tex Mex Nachos \$28 

Crispy corn chips, spicy Tex-Mex beef, tomato salsa, jalapenos, cheddar & mozzarella cheeses. Topped with sour cream & avocado dip

Beef Rissoles \$26 

Locally sourced beef rissoles with traditional gravy, creamy mash potato, peas & Gravy

Bangers & Mash \$26 

Gourmet pork sausages, creamy mash potato, peas and gravy

Lamb Loin Chops \$35 

Lamb loin chops served with chips, salad and gravy

Roast of the Day \$28 

Chefs roast of the day. Check our special board

## Desserts \$15

Served with Ice Cream & Cream

- Sticky Date Pudding
- Biscoff Slice
- Churros with Chocolate Sauce
- Apple Pie
- Kahlua, Baileys Drunken Donut

Adults Only

Care is taken to avoid cross contamination of sensitive products such as gluten. However traces may still remain. Please notify staff of any allergy concerns.



Gluten Free on Request

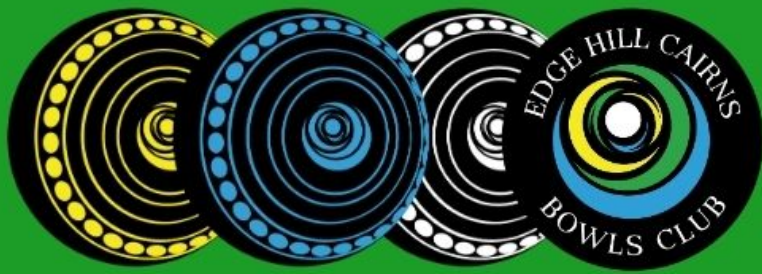


Seniors Size Meals \$19

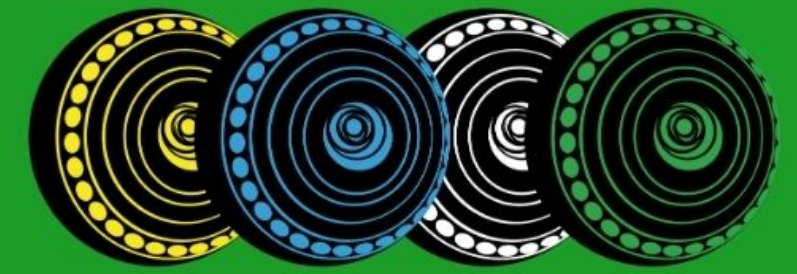


Vegetarian

15% Surcharge applies on Public Holidays



# The Bowl



## Pizza

**G/F Pizza  
\$2 Extra**

**Margherita \$23**



Napoli sauce, tomato, fresh basil, oregano, cheese

**Vegetable & Fetta \$25**



Napoli sauce, mushrooms, capsicum, spinach, red onion, zucchini, eggplant tomato, cheese, fetta

**BBQ Chicken \$25**



BBQ sauce, chicken, mushrooms, bacon, red onion, cheese

**Pepperoni \$23**



Napoli sauce, pepperoni, cheese

**Bacon & Pineapple \$23**



Napoli sauce, bacon, pineapple, cheese

**Meat Lovers \$25**



BBQ sauce, pepperoni, bacon, steak, ground beef, salami, onion, cheese

**Supreme \$25**



Napoli sauce, pepperoni, mushrooms, bacon, capsicum, pineapple, olives, tomato, cheese

**Mex Beef \$25**



Napoli sauce, red onion, tomato, ground beef, capsicum, jalapenos, chilli, corn chips, cheese, sour cream

## Schnitzels & Steak

**Chicken Schnitzel \$28**



Chicken breast, crumbed, served with chips, salad & 1 sauce

**Crumbed Steak \$29**



Tenderised, crumbed steak, served with salad, chips & 1 sauce

**Eggplant \$28**



Cumbed eggplant, topped with napoli sauce pesto and cheese served with salad, chips

**Rump Steak 300g \$38**



Rump steak with 1 sauce, salad & chips

**Moroccan Spiced Chicken \$33**



Grilled Moroccan spiced chicken breast with 1 sauce, salad & chips

**Swap Chips and Salad for Mash and Veg \$3 extra**

## Salads

**Crunchy Noodle Salad \$20**



Carrot, beetroot, lettuce, bean sprouts, cherry tomato and crunchy noodles with a sesame and soy dressing.

**Caesar Salad \$20**



Cos lettuce, bacon, parmesan cheese, anchovies, boiled egg, croutons & caesar dressing.

**Senior Size Salad & Topper \$19**



Choose any salad & any senior size topper

**Add A Topper \$10**

- Grilled Prawns
- Grilled Chicken
- Salt And Pepper Squid
- Onion Rings

## Schnitzel & Steak Toppers

**Parmigiana Topper \$5**



Topped with napoli sauce, tasty cheese, mozzarella cheese, grilled & served with chips and salad

**Crazy Parmigiana Topper \$10**



Topped with napoli sauce, pepperoni, bacon, olives, tasty cheese, mozzarella cheese, grilled & served with chips and salad

**Prawn Topper \$10**



Topped with creamy garlic sauce and prawns

**Squid Topper \$10**



Topped with Salt & Pepper Squid

**Onion Ring Topper \$10**



Topped with battered onion rings

**Aussie BBQ Topper \$10**



Fried Egg and Bacon

## Kids Meals \$15

**Served with Ice Cream & Topping**

- Calamari & Chips
- Linguine Bolognese
- Crumbed Chicken Strips & Chips
- Hot Dog & Chips
- Pork Sausage & Chips
- Crumbed Steak & Chips
- Fish & Chips

## Sauces



Pepper, Mushroom, Gravy, Creamy Garlic, Dianne

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